

Youth Education and Training Initiatives

YETI newsletter 1/2019

Namaste to all our supporters and members of the YETI whanau.

Isn't the year just speeding by? So much has been happening and this long overdue newsletter is going to bring you up to date with what we've been doing behind the scenes.

New Logo

Notice anything different about our logo?

Yes, we refreshed it earlier this year to give it a lighter look. Response has been positive and we'd like to thank SNIPS Info for funding the work done by Nina at Bunkhouse designs in Island Bay. As always YETI likes to 'shop local' and support our community when we can. We remain indebted to Patrick who designed the original logo for us.

Please let us know if you would like some cards to distribute around your networks, workplaces or communities.

Trip to Nepal

A planned trip to Nepal in November last year by YETI trustees Linda Stopforth and Ray Yates was rescheduled due to airline changes. As it turned out it was all for the best as the April-May trip allowed them to meet with people and attend events they would otherwise not have had the opportunity to do.

Arriving with a little jetlag and into the dust and heat of Kathmandu at midday on the 24th of April, Linda and Ray's met with the newly arrived Umbrella Foundation Australia's Everest Base Camp trekking group that evening and attended the ANZAC day ceremony and breakfast at the Australian Embassy the following morning (fortunately not a dawn ceremony!).

Attended by around 150 guests and dignitaries, wreaths were laid by representatives of the UK Army on behalf of

the Gurkha, the Australian Ambassador and the New Zealand Honorary Consul.

In the continuing spirit of ANZAC YETI has been able to work with Umbrella Australia to provide a small amount of assistance to their huge school rebuild project.



ANZAC spirit alive and in action in Kathmandu – Linda H and Linda S.

Yeti Youth



Late last year, after discussions with Anne of Kriayt Social Business in Pokhara, we stepped up and began sponsorship of Saraswoti, a young woman in Anne's care. Saraswoti had been accepted for College but lacked the funds or family support to get there.

In April, when in Pokhara, YETI chair, Linda Stopforth, had the opportunity to spend a lovely few hours with the industrious ladies at Kriayt, and with Saraswoti. Although Swoti's initial thoughts were to undertake a degree in education, she is now leaning towards studying social work. Anne describes her as having a strong sense of social justice and she is enjoying the challenges brought about at college by exposure to new ideas. We look forward to being able to bring you news of her progress over the next few years.

The same trip saw Linda and Ray talking to a couple of organisations regarding future YETIs and more about this is below.

YETI ALUMNI

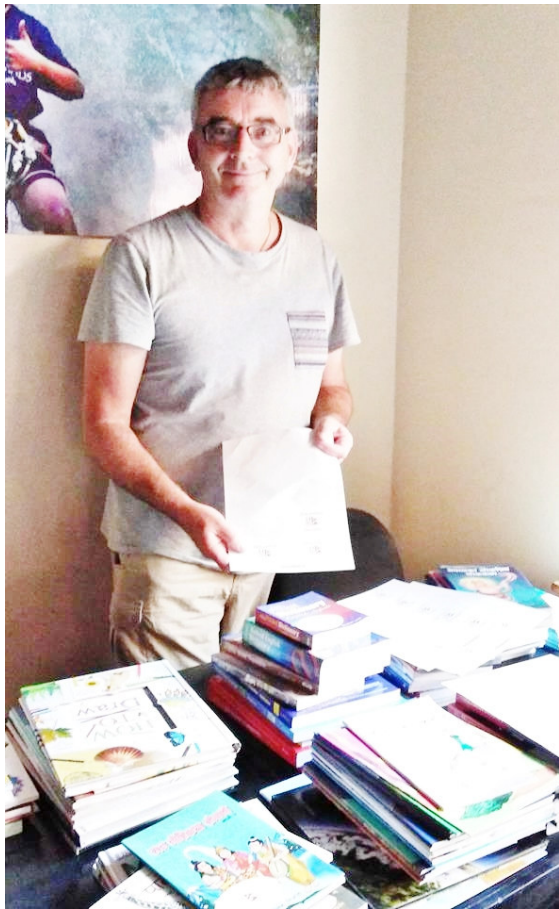
YETI alumni update

Our time in Pokhara allowed us to attend the wedding of Sarita, one of our former YETIs and now a staff nurse at a local hospital.

It was a great honour to be there to share this special day with Sarita and Shankar, pictured here with Sarita's mum, and we wish them every happiness for their lives together.



Sindhulpachok Library project



Left : YETI trustee Ray Yates, sticking YETI labels on some of the books purchased labels. Below: after the presentation ceremony at the school – we were gifted two scarves, some garlands and in Ray's case a traditional Nepali topi



Since late 2018 YETI fundraising has been going towards support of library resources for the Shree Bhimsen Secondary school rebuild. Umbrella Australia partnered with the Sindhulpachok community four years ago and undertook to assist them rebuild their local school, badly damaged in the earthquakes of 2015.

The third and final stage will be the addition of a dedicated library room and computer room as a community resource.

NZ pledged NZ\$2500 to the project and when we reached Kathmandu, Linda Harwood, Chair of Umbrella Foundation Australia had a list of books requested by the school teachers. So we went shopping and quickly found that in Nepal NZ \$2500 can buy a LOT of books. In the end we purchased 200 books for all levels of readers, in both Nepali and English, to take with us up to the school. The money from our donation was left with Linda for the purchase of further resources when she visits later in the year.

We labelled all books with a sticker indicating they had been donated YETI Nepal, NZ.

A big thank you to all who supported our fundraising last year through attending the movie fundraiser or purchasing olive oil

Rochelle's computer project

Rochelle, a Wellington based donor approached us last year looking for a project that might involve upskilling Nepali youth through computers. YETI put her in touch with Umbrella Nepal and Rochelle has been active in providing the computers that form part of their latest project – a community outreach and youth centre.

Here ex Umbrella youth and others can come and learn a variety of life skills including computer skills that will help keep them safe and assist them in their pursuit of education and employment.

Judging from the updates from Nepal this project is providing these youth with a much needed resource.

Future YETIs



YETI continues to work one-to-one supporting academically inclined Nepali youth who lack the finances or family support to undertake higher education or training.

When we visited Shree Bhimsen school we offered a scholarship to support a school leaver into a science based course of training. Exam results for Year 12 students will not be known until July after which time youths identified by the school community as suitable candidates for our support will be invited to apply for a YETI scholarship to assist them undertake further education.

We look forward to the applications and to being able to inform you of the young people your support helps gain an education.

Our contacts in Pokhara are also keeping an eye out for young people who may benefit from our support.

Which means its fundraising time again!

We can't commit to these youth over a 3-4 year period without the generous support of you, our donors and supporters.

We have two fundraising events each year – our annual movie screening – this year Sunday 30 June and the stall we run at the Tawa Spring Festival – this year Saturday 19 October.

Do you have your tickets for our movie screening?

Lighthouse Cuba on Sunday 30 June at 2pm (allowing you to get home before it gets too cold).

Half the seats have gone and we'd like to make this a sell out so please come along and encourage others to do so too. All proceeds go to a good cause.



Tix will be \$22 per seat so [email us now to reserve a place](#)

***Yesterday**, everyone knew The Beatles. Today, only Jack remembers their songs. He's about to become a very big deal.*

From Academy Award®-winning director Danny Boyle (Slumdog Millionaire, Trainspotting, 28 Days Later) and Richard Curtis, the Oscar-nominated screenwriter of Four Weddings and a Funeral, Love Actually and Notting Hill, comes a rock-n-roll comedy about music, dreams, friendship, and the long and winding road that leads to the love of your life.

Jack Malik (Himesh Patel, BBC's Eastenders) is a struggling singer-songwriter in a tiny English seaside town whose dreams of fame are rapidly fading, despite the fierce devotion and support of his childhood best friend, Ellie (Lily James, Mamma Mia! Here We Go Again). Then, after a freak bus accident during a mysterious global blackout, Jack wakes up to discover that The Beatles have never existed ... and he finds himself with a very complicated problem, indeed.

Performing songs by the greatest band in history to a world that has never heard them, and with a little help from his steel-hearted American agent, Debra (Emmy winner Kate McKinnon), Jack's fame explodes. But as his star rises, he risks losing Ellie — the one person who always believed in him. With the door between his old life and his new closing, Jack will need to get back to where he once belonged and prove that all you need is love.

YETI raffle

In the weeks leading up to the movie we are selling **raffle tickets for our bag of Nepali goodies**

Tickets will be available at the movie screening or email us if you want some tickets.



YETI raffle
Drawn July 1 2019
Tickets \$2 each or 3 for \$5



Just one Sir Ed can buy you three chances in this great prize offering 😊

1st prize – bag of Nepal handcrafts and foodstuffs

Total value \$60

First prize includes – handcrafted shopping bag, 2020 Nepal calendar, notebook (handmade paper), coffee mug, packs of Nepali grown coffee and tea, packet of pink Himalayan salt, packet chicken masala spice powder, Nepal cookbook, prayer flags, Nepal key ring, Nepal fridge magnet, set of Nepal playing cards, papier mache box, incense, and pack of handcrafted Nepal soaps,

2nd prize – two bottles of wine in a cooler bag

Value \$50

3rd prize – Gardenia gift box from Scullys
Value \$40

Proceeds go to supporting higher education for disadvantaged Nepali youth

Message us for your tickets or bring along a \$5 note to the movie screening and you can buy them then.

Visit Nepal 2020



Next year, 2020, has been designated **Visit Nepal** year by the Nepal government and tourism agencies. YETI doesn't arrange travel to Nepal but we can recommend companies who can assist you with your travel plans when there.

If you want a trekking trip why not consider joining Umbrella Foundation Australia's Annapurna basecamp trek following on from their successful Everest Basecamp trek held in April-May.

Or why wait until next year? Umbrella Australia have a small group trip planned for Oct-November this year and welcome New Zealand travellers. You'll see the highlights of Nepal plus get the chance to take part in activities at a local level, giving a unique insight into Nepal and the work done by Umbrella Australia (and YETI).



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22nd October 2019 | 12 Days

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With us...it's personal



Tour Only - \$2,990 plus International flights

If you are in Kathmandu at any point and see this sticker in a hotel, café or other business then it indicates that business is trusted by Umbrella Australia and you can feel certain you'll get good treatment as well. Keep an eye out for it around Thamel and Swayambunath.



Volunteering

Over the years YETI has, like many responsible NGOs, begun to educate supporters about the problems associated with voluntourism and the orphanage industry.

We still sometimes field requests for volunteer roles in an orphanage or similar and will continue to speak out about this. We hope YETI supporters take the time to watch the video (link below) produced by the Better Care network and piloted in the USA, UK and Australia to reduce orphanage volunteering.

This insight-driven behaviour change campaign called [The Love You Give](#) is targeted at young (18-22-year old) gap year travelers and short-term missionaries.

If you know someone planning on going to Nepal (or Cambodia, or parts of Africa) who intends to "work in an orphanage" please direct them to this video.

There are better ways to volunteer, and to ensure you are actually doing something that assists a developing society, not just creating dependence and further social problems

To understand more please read this two piece article from Sushil, a young man, who eventually found himself in Umbrella's care. When in Kathmandu we had the pleasure of meeting Sushil (and providing his coffee bar with daily business). He is a talented young man, and reflects thoughtfully on his life on the streets of Kathmandu and what it meant to be in an orphanage.

["I Was the Child You Played With": A Life on the Streets and in an Orphanage \[Part One\]](#)

In this moving guest post, Sushil Babu Chhetri shares his life story of growing up on the streets and then in an orphanage in Kathmandu, and how volunteers often unwittingly played a role in his life

["I Was the Child You Played With": A Life on the Streets and in an Orphanage \[Part Two\]](#)

In Part Two of his emotional recounting of his life story, Sushil Babu Chhetri talks about how he escaped an abusive orphanage and found his way into the work he does today.

Last but not least

*The YETI AGM was held on Sunday and we began making plans for the coming year.
We welcome new Trustees Kate and Jinhee.*

YETI work is completely voluntary and we thank our trustees, new and not so new, who give up their time to support our work.

And a big thank you to all our donors – we know that with more than 20 000 registered charities in New Zealand people have their choice of who to donate to and we appreciate your support be it a one off donation or on going monthly contribution.

Our small overheads means we can confidently say that one hundred percent of your donations makes it to supporting a young person who needs a hand up to get an education they are capable of undertaking.

Although our YETI alumni are not personally known to most of you we can assure you that support for the education of these youth has allowed them, their families and ultimately their communities to benefit from your contributions.

As always we welcome any questions or feedback you may have and please feel free to send our newsletter on around your networks.



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DISCLAIMER

All travel to, from and within Nepal by representatives of YETI Nepal is self funded. The Trust does not cover any of our expenses which allows us to contribute everything we raise in NZ to supporting projects in Nepal.

Because we are self funded we give credit to Nepali businesses where we receive good service. In Kathmandu we recommend Borderlands for your travel requirements (Near Northfields café)

Farmer Yeti's juice, coffee and momo bar (Seven corners, Thamel)

Ekta books (Lalitpur)
Education bookshop (Kantipath)

Dukkhuti, Mahaguthi (Lalitpur) and Amrita crafts (Thamel) (all Fairtrade suppliers)

In Pokhara
The staff at Pine tree café – 9th street
Amrit and his family of Galaxy Inn Guesthouse in Gaurighat, Lakeside, Pokhara.